

# Under Construction

We are very excited to announce that over the summer our team will be working on developing our **New** and **Improved Online Food Store**. Easier ordering and more offerings that will include our **Frozen Classics, Fresh Meal's, Gift Boxes, Platters, Catering and more!**

Our online Food Shop and Fresh Meal Program orders will be taken via email & phone during this time.

Please review the below information on how to order from our WEEKLY FRESH MEAL MENU'S



# How It Works

## CHECK OUT THE WEEKLY FRESH MEAL MENU'S BELOW

- MENU UPDATES | posted weekly on Friday's.
- ALREADY A SUBSCRIBER | You will receive an email with the new menu on Fridays.
- ORDER CUR OFF | Ordering will be closed for the following weeks Fresh Meals & The Weekender at midnight on Thursday the week before

## PLACING YOUR ORDER

- Select your FRESH MEALS | Include portions sized and # of orders
- Add Additional Items | THE WEEKENDER or KITCHEN DOOR FROZEN CLASSICS
- Delivery Details | Recipient name and phone number if different from person ordering & delivery address.
- Delivery Fees | Based on distance from our facility and range from \$5-15 within in HRM. Outside of HRM is available and can be quoted upon ordering
- Payment can be taken over the phone by credit card or e-transfer to [accounts@kitchendoor.ca](mailto:accounts@kitchendoor.ca). Once payment is processed your order is confirmed!

**Email | [foodshop@kitchendoor.ca](mailto:foodshop@kitchendoor.ca)**

**Give us a Call | [902 832 5213](tel:9028325213)**

# Fresh Meals

Order Deadline: **Thursday August 11th @ midnight**

**Delivery/Pickup Dates: Tuesday August 16 & Thursday August 18**

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AVAILABLE SIZES	Small (2 Portions)	Medium (3 Portions)	Large (4 Portions)
	\$32	\$45	\$60

## Chicken Meal | Chicken Pot Pie

with Stuffing Topping Garden Salad w/ Maple Balsamic

## Fish Meal | Fish Cakes

with Baked Beans and Tomato Chutney

## Pasta Meal | Shrimp and Pea Carbonara

with garlic bread

## Veggie Meal | Chickpea and Sweet Potato Curry (V, V+ without Naan Bread)

With Lime Basmati Rice and Naan Bread

## Family Meal | Smoked Beef Burgers

with Alabama Sauce, Pickles and Herb Roasted Potato Wedges

continued..

# The Weekender

Order Deadline: **Thursday August 11th @ midnight**

Delivery/Pickup Dates: **Friday, August 19th**

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**AVAILABLE SIZES | Feeds 4-6 Generously | \$85**

## MENU

### Grilled Greek Chicken Skewers

Eden Valley Lemon and Herb Brined Chicken Breast Served with Lemon, Cucumber, and Dill Tzatziki.

### Orzo Pasta Salad

Cucumbers, Cherry Tomatoes, Red Onions, Chickpeas Tossed in an Olive and Feta Dressing

### Grilled Veggies

Zucchini, Peppers, Mushrooms and Red Onions Marinated in a Rosemary Infused Olive Oil.

### Double Chocolate Cookies

## Fresh Meal Add On's

**HOUSE MADE BREAD** | \$7.50 for 6 rolls

Garlic Pan Rolls

**SIDE SALAD** | \$6 each

Greek salad- romaine, tomato, red onions, cucumbers, olives, feta with Greek dressing

**DESSERT** | \$3.50

Double Chocolate cookies (2)

# KITCHEN DOOR FROZEN CLASSICS

## appetizers, sauces + sides

Crispy Buffalo Chicken Wontons	\$18   12 Wontons
Pork Dumplings	\$18   12 Dumplings
Nonna's Bolognese Sauce	\$20   1 Litre
Nonna's Marinara Meatballs	\$20   1 Litre
Nonna's Marinara Sauce	\$14   1 Litre
Molasses Baked Beans	\$15   1 Litre
Parmesan Chicken Dippers	\$19   6-8 pieces
Salt Cod Fishcakes	\$19   4 Fishcakes
Sweet Potato Chickpea Falafels	\$18   18 Falafels

## soup, stews + chili

Beef & Vegetable Soup	\$15   1 Litre
Chicken Vegetable Soup	\$15   1 Litre
Turkey Vegetable Soup	\$15   1 Litre
Hearty Beef Stew	\$20   1 Litre
Maple Butternut Squash Soup	\$15   1 Litre
Minestrone Soup	\$15   1 Litre
Split Pea & Ham Soup	\$15   1 Litre
Tomato Soup	\$15   1 Litre
Traditional Chili	\$20   1 Litre
Traditional Vegetable Chili	\$18   1 Litre

## entrees

Butternut Squash Lasagna	\$15 Small   \$30 Large
Butter Chicken	\$24   1Litre
Chickpea & Sweet Potato Curry	\$18   1 Litre
Chicken Pot Pie	\$10 Mini   \$15 Small   \$30 Large
Cabbage Rolls	\$18   4 Rolls
Ham Dinner	\$10 Mini
Mac & Cheese Bake	\$9 Mini   \$14 Small   \$26 Large
Mushroom & Lentil Shepherd's Pie	\$9 Mini   \$14 Small   \$26 Large
Traditional Lasagna	\$16 Small   \$32 Large
Traditional Shepherd's Pie	\$10 Mini   \$15 Small   \$30 Large
Turkey Dinner Meal	\$10 Mini
Kitchen Door's Signature Pulled Pork	\$26   900g

## desserts + pastry

Buttermilk Biscuits	\$15   6 biscuits
Cranberry Loaf	\$14   each
Lemon Loaf	\$14   each
Outrageous Banana Bread Loaf	\$14   each
Signature Granola	\$14   375g
Energy Bites	\$15   12 bites
Granola Bars	\$18   6 bars
Outrageous Brownies	\$18   8x8 slab
Chocolate Chip Cookie Dough Balls	\$16   18 dough balls
Ginger Molasses Cookie Dough Balls	\$16   18 dough balls